

# NEWSLETTER January 2023



## Antonine Court Ltd

Promoting dignity, opportunity & inclusion

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Here we are in a bright New Year. We hope you all had a fantastic time over the festive break and that you've had your batteries recharged so you can do all the fabulous wonderful activities we have in Antonine.

There's a copy of the Event's Calendar at the back of this Newsletter please keep it and pin it up somewhere you'll be able to see it.

## Happy Birthday

Special Birthday wishes to Jean, Shirwan, Alexander and Dylan, we hope you all had a lovely day!



## Upcoming Events



Valentines Day 14<sup>th</sup> February



21st February

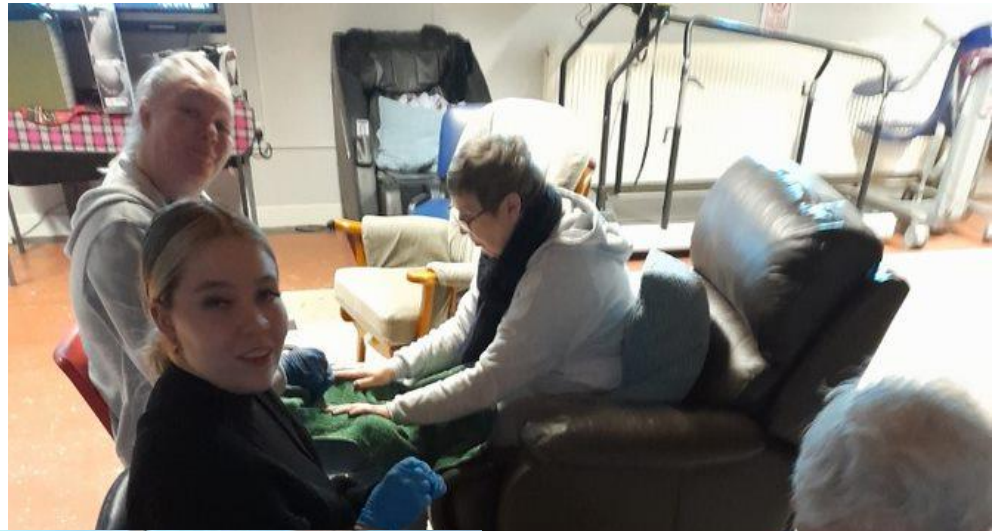
Staff are undertaking Makaton



More details to come!

Who doesn't love a wee bit of pampering.....

Colette and Natasha being therapists for Annie and Theresa!



Jackie seems to be enjoying her had massage.



Jean with her sewing project.....



Margaret working hard on her project....

Dylan making decorations for our Burn's Lunch...



Rhona with hers on the right...





Jackie made a pennant bunting..



Katie making a different pennant for bunting which is appropriately tartan!

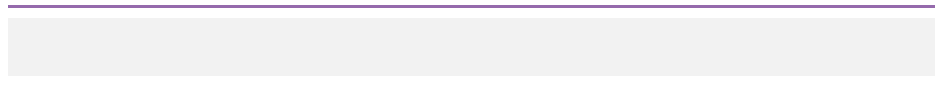
The Centre looked lovely with all of the decorations the service users and staff made...



As you can see everyone had a fabulous lunch. The Centre looked fantastic with all the decorations that the service users and staff made for the day.



Everybody really got into the spirit of the day, we had a Gaelic singer, Tyler did the Address to the Haggis. Haggis, neeps and tatties were supplied by our cook Anne Ritchie.



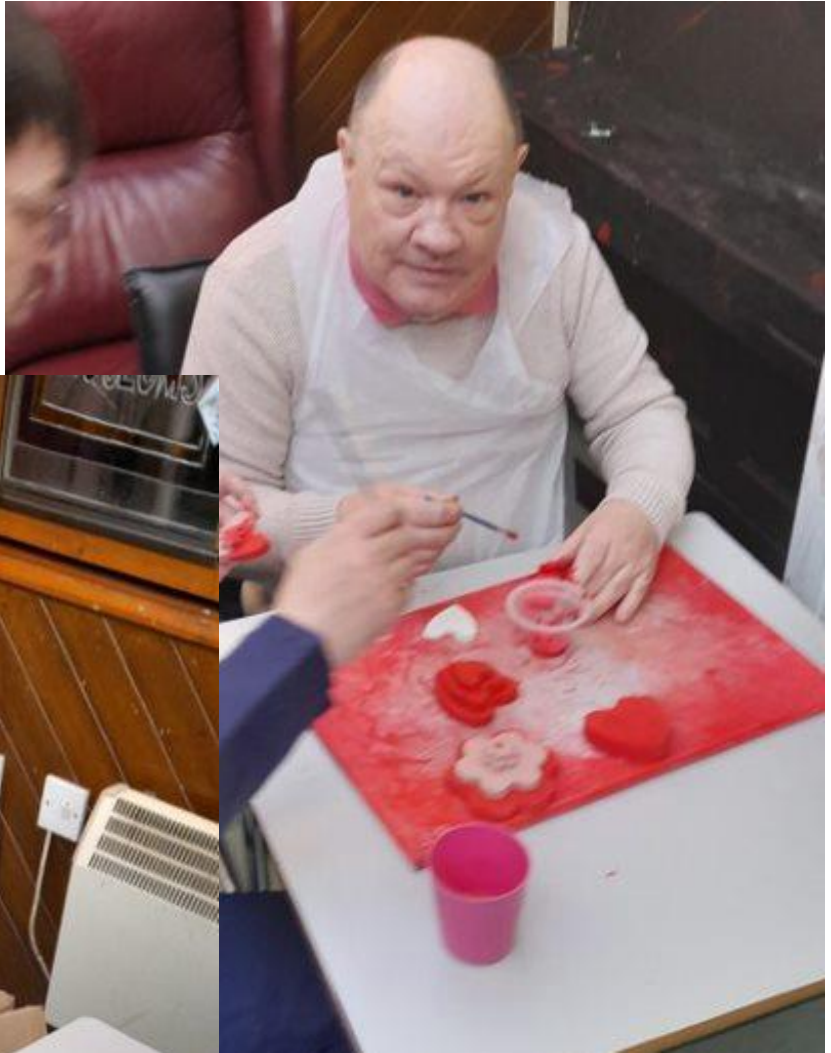




Our story telling group is really popular. It gives everybody the time to relax and just chill.

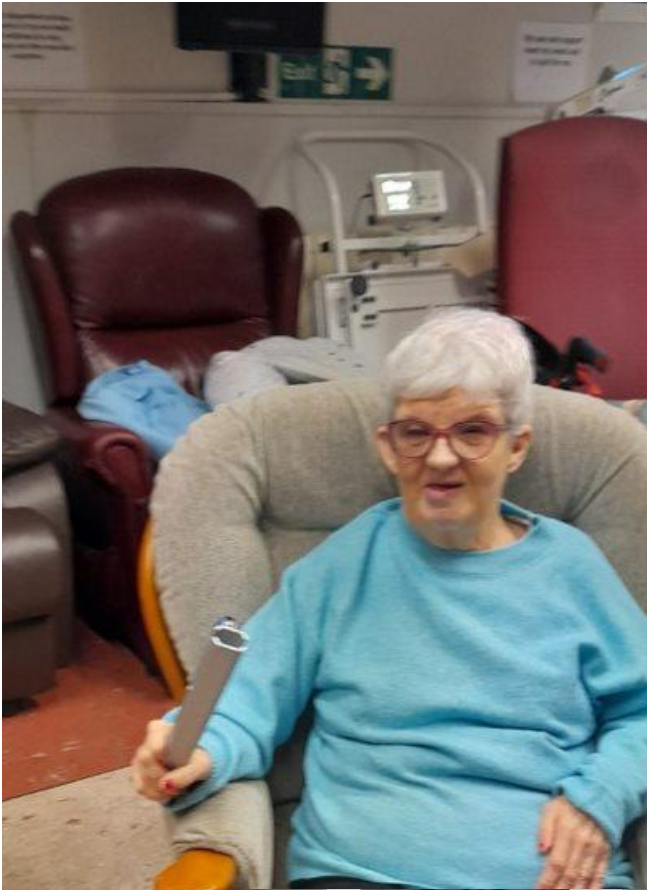


Neil in the clay group, I think he might be making something for Valentine's day!



This is a better picture of Alexander making Hearts, I definitely think they are for Valentine's day. I wonder who they're for?





Theresa taking part in the Hand chimes group....

Linda and Katie, I'm not sure Linda's getting into the groove.....





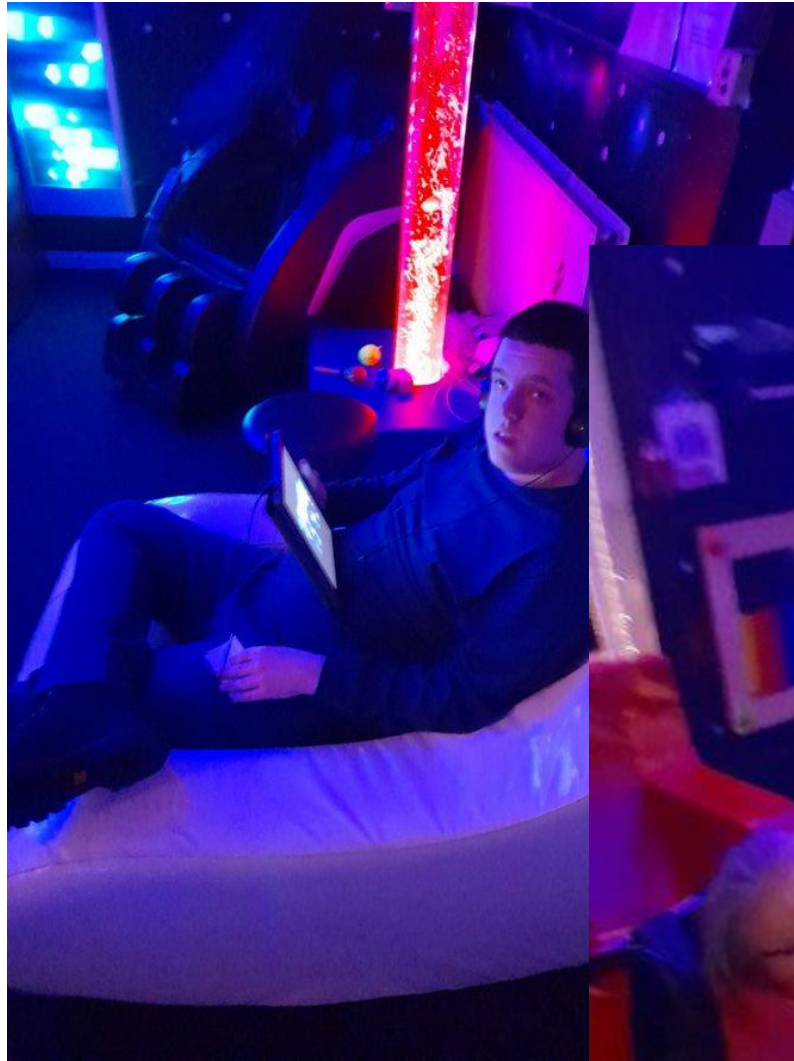


This is a great picture of almost the whole Hand chime group!

The rest of the group below, with Linda just in shot on the right!







Declan just chilling in the sensory room....



Shhhhh! I think Rhona is having a nap....

EVENT AND PUBLIC HOLIDAY CALENDAR 2023-

JANUARY							FEBRUARY							MARCH							APRIL							MAY							JUNE							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
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23	24	25	26	27	28	29	27	28						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			
30	31																																									

JULY							AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
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31																					30	31																				

January	Burn's supper			July	Summer outings dates to be confirmed (tbc)		
February	Valentine's	Shrove Tuesday		August	Summer sizzler dates tbc	Antonine's 30 <sup>th</sup> Birthday!	Summer outings tbc
March	St Paddy's Day	Epilepsy Awareness	Autism Awareness Day	September	Recycling week		
April	Easter Hunt			October	Halloween party!		
May				November	Guy Fawkes		
June	Learning Disability Week	Carer's Week		December	Christmas lunch tbc	Christmas Pantomime tbc	

Public Holidays

