

NEWSLETTER November 2023

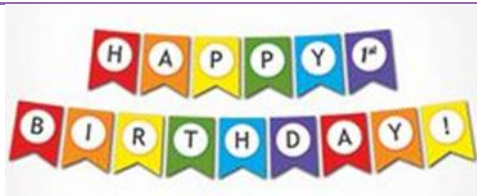


Antonine Court Ltd

Promoting dignity, opportunity & inclusion

Antonine Court, 30 Dunkenny Road, GLASGOW. G15 8LH
WWW.ANTONINE.ORG T: 0141 944 6393

Oh, my goodness! The excitement is building up in Antonine in the lead up to Christmas! All sorts of preparations for December! Have a look at what our Service users have been doing this month!



Just one Birthday in November!
Many happy returns to Karen!



Upcoming Events



Friday 8th December (We are asking people who want to take part for either a tombola or raffle prize for Antonine, or to donate for Cash for kids)



Christmas Panto 15th December
Tickets £5 from Management Office.



20th December 11 am



Christmas Lunch!
20th December 12.30

REBOUND THERAPY



Some of the benefits of rebound therapy are STIMULATION OF DIGESTIVE SYSTEM, IMPROVED BOWEL FUNCTION, INTERNAL ORGAN MASSAGE, CLEARING OF TOXINS FROM THE BODY. If you'd like to know more about it, please see <https://www.reboundtherapy.org>

We are very fortunate to offer rebound therapy as part of the programme at Antonine, it's something our service users seem to enjoy very much!

This is Kevin on the right.....



Then we have Erin on the Left. Both sporting lovely smiles!

Tyler has been busy painting scenery for our Pantomime, which of course we all hope you'll come to. But you'll have to wait for the day to find out what it is!

Just a reminder that it takes place on Friday the 15th December, the tickets are £5 and can be purchased from the management office.



I don't think you'll be able to guess what it is from these pictures.....



As you all know ten pin bowling is a favourite activity of the service users, this is Lyndsey and Carly, it looks like a pretty interesting conversation.

Lyndsey below, preparing to throw her bowl.....



If you look closely at the left-hand bottom of the photo you can see Carly's bowling ball....

Tommy looking very industrious with the rolling pin...

Roberta below.....



And Helen on the right, this is a new project, so we'll bring you more pictures as it progresses.



Alexander and some of the service users paid a visit to Free Wheel North, to use the bicycles, as usual this is an activity that is very popular....



Who remembers having a bogey? Alan's is definitely the upmarket version!



Just because it's winter doesn't mean things stop in the Garden area, there are still things to do....

Here the guys are having a nice hot cuppa after tidying up a wee bit.

I'm not sure if David is putting enough effort into that brush!

At the end of the day everything was lovely and tidy!



For anyone who doesn't know this is Linda, who is one of our longest serving service users.

Unfortunately, Linda left the Antonine to move on to pastures new.

Antonine tradition dictates a huge party to say goodbye and best of luck!







Everyone had a fabulous time!



Everyone at Antonine wishes you all the best Linda! We will miss you loads!



Another Service user who left us was Joanne, Tam popped in to present her with a book of her memories at Antonine.



Weekend Service

Unfortunately, our Weekend service closed. But it didn't stop the Service Users and staff having a fantastic last day! What a beautiful day it was!





L 🙄 K!! WE GOT A BIG ADVERTISING BOARD





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- Completing this leaflet and sending it to us or
- Telephoning on 0141 944 6393 or
- Email your feedback to us at admin@antonine.org

Your Feedback

Please tick the relevant boxes

- Compliment
- Comment
- Concern
- Complaint

Have we received feedback about this before? Yes No

Would you like us to respond to you about your feedback? Yes No

What would you like to say about the service you received?

Date: _____

