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# NEWSLETTER September 2023

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## Antonine Court Ltd

Promoting dignity, opportunity & inclusion

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My Goodness! September already! Please remember if there's anything in particular you'd like to see or hear about just let us know and we'll put it in the newsletter for you

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### Happy Birthday

As always, we wish a very happy birthday to Helen, Susan, Alan and Annie!



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## Upcoming Events

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### Dates for your Diary!



Saturday 28<sup>th</sup> October in  
Antonine Court

The preparations for Halloween have begun in the centre, here we have Jackie making pumpkin's for bunting. They'll look fabulous when they are hung! Check next months issue to see them!

Below is Annie busy colouring in pictures for decorations, the centre is going to look fantastic when it's all decorated.







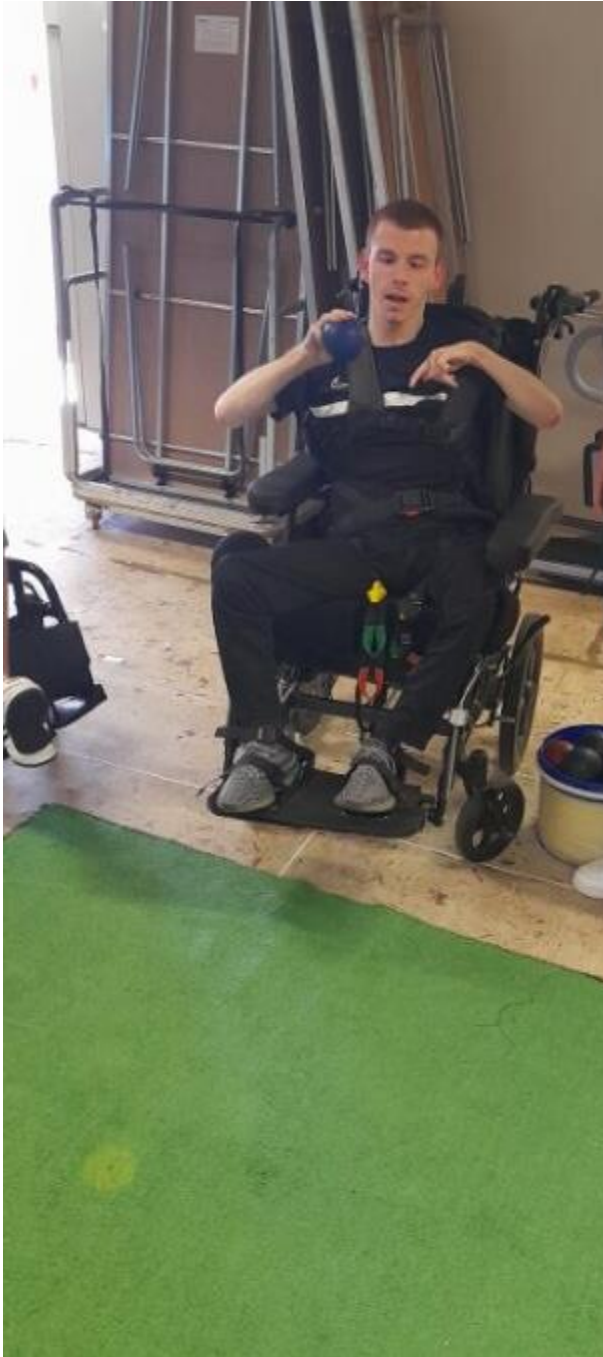
On the left are Reece and Paul taking part in Boccia, This is something the Service users really enjoy, they play it right through the year...

Below we have Helen and Caroline, and you just see the spectator's legs at the sides.....



Robert on the right getting ready to throw his ball....

Ryan below.....







Lyndsey delivering her bowl at ten pin bowling,

It's Looking good! Reliable information says it was a pretty accurate bowl!



Everybody enjoys this outing!







Every year we have a recycling week. This year it was decided that not only would there be a recycling week, but we would go out and about in Drumchapel and do litter picking up. The picture above shows the group getting ready to go out.

There are some more pictures on the next page of the service users and staff in action!



This is the path from Antonine down to the shopping centre....



They really got in amongst the bushes too!



This is going to be a weekly event so expect more pictures in further issues of the Newsletter.





Do you remember seeing in the July issue pictures of the guys making a new compost bin?

This is Aiden and Alexander helping to put together the final touches!

Here we have the finished article. They've done an amazing job!

Maybe Antonine will be selling top grade compost to gardeners next year!











We're having a Halloween party on Saturday 28<sup>th</sup> October, tickets are £5, from 7pm till 10 pm, everyone's welcome and fancy dress is optional (though it would be lovely to see people in their costumes!). There will be tombola etc., so please come along and join us!

If anyone can make a generous donation towards our tombola, we would be most grateful.

Look forward to seeing you all there!





# **EVERYBODY! MEET OUR NEW STAFF!**



Jordan Gallagher, Support Worker

Katrina (Kat) Gallagher,  
Support Assistant



In the past couple of months, we welcomed Jordan and Kat to the Antonine team, I'm sure you'll see them either in the building or may even at one of our Social Nights!





A huge well done to Tam and Caroline who both recently passed their SVQ 3!



A big shoutout to our two heroes in Antonine. Tommy who phoned an ambulance for his Mum when she had a fall.



And Jackie who took part in this year's Edinburgh Kilt Walk

Well done Guys, you're an absolute credit to everyone!!





