

Welcome to the July Newsletter!

Despite the weather, summer has definitely started at Antonine Court with all the events and summer outings we have on. Look inside to find out what's been happening, what's on and some useful information.



UPCOMING EVENTS

2nd August - Summer Sizzler!



JULY'S EVENTS

10th July - I'm a support worker, get me out of here!

20th July - Open Day

AND ANTONINE ALL STARS
ACTIVITIES!



JULY 2024

AN EVENTFUL MONTH!

HAPPY

BIRTHDAY

RYAN AND
RICHARD
CELEBRATED
THEIR BIRTHDAY
THIS MONTH!



CELEBRATIONS

BORN IN JULY

Mini Chocolate Cheesecake with Caroline

INGREDIENTS

MAKES 12

14 milk chocolate digestive biscuits,
finely crushed

100g butter, melted

For the filling

500g tub ricotta

3 eggs, beaten

1 tsp vanilla extract

200g cheap dark chocolate, broken into
chunks and melted

125g icing sugar

smarties

INSTRUCTIONS

PREPARATION TIME: 20 '

COOKING TIME: 30 '

Step 1

Heat oven to 150C/130C fan/gas 2. Line the holes of a muffin tin with 12 paper muffin cases. Put the biscuits in a food bag and bash to small crumbs with the end of a rolling pin. Tip into a bowl, stir in the melted butter until the crumbs are nicely coated, then spoon between the paper cases. Press down into the bottoms to make a firm base.

Step 2

To make the filling, put the ricotta, eggs, vanilla and melted chocolate in a large mixing bowl. Sift in the icing sugar. Beat everything together with an electric whisk or a wooden spoon until very well combined. Spoon into the paper cases right up to the tops, then tap the whole tin on the bench to get rid of any air bubbles. Bake for 30 mins, then remove from the oven and gently push 3 mini eggs into the top of each cheesecake. Let the cheesecakes cool completely before serving. Can be kept in the fridge for up to 3 days.



Time to enjoy them!



*Jacqueline working
on the biscuit base.*

RECIPE OF THE MONTH

INDEPENDENT
LIVING SKILLS

I'm a support worker, get me out of here!!!

On the 10th of July we had a disgustingly outstandingly funny show to raise funds for the centre. Thank you all for for an amazing turnout, our hall was packed and filled with laughter. We raised £430!!!

Thanks everyone who supported us.



Poor Louise!

*After feeding
everyone else the
finest food from
the streets,
David endured
their revenge...*



EVENTS

FUNDRAISER

*I'm a support worker,
get me out of here!!!*



Disgusting!!!



EVENTS

FUNDRAISER

Hello, my name is Carly

ABOUT ME

This month Carly is service user of the month.

She has great artistic talent and really enjoys arts and crafts.

Not only that, she's a businesswoman!

See overleaf how well she did at our recent Open Day, including being featured in the Clydebank Post.



Painting fun



Thumbs up for Carly!

Carly also has a big passion for animals. She has 3 cats!

Carly is so kind and she's very sociable. She enjoys spending time with friends, she has lots of friends.

We are very happy to see her going from strength to strength and grow confidence every day.

She's been with us many years now and we really love having her.

SERVICE USER OF THE MONTH

OPEN DAY

20th July

On the 20th of July we had a wonderful time sharing some fun time with visitors.

We had a few activities going on. Carly did a great job at the craft stall. We had hair braiding, magic and balloon modeling.

We raised £62 in selling coffee and cakes and £72 in hair braiding and sequin crafts. Thank you all who participated!



IN THE CLYDEBANK POST

Drumchapel day centre opens up on importance of community engagement

24th July

DRUMCHAPEL CHARITY EVENTS LEISURE GLASGOW



Service users and staff worked together at the event last weekend (Image: Antonine Court)



EVENTS

FUNDRAISER

Hello, my name is Brian

ABOUT ME

Hey, it's Brian, the entertainer and TikTok content creator at Antonine!

I love spending time with friends and...partying!

I'm also a foodie, my passion for food is biiiig!

Movies are also a big passion. Fun fact: I've always aspired to become an actor.



Party is always on with Brian!



We-re singing, we're dancing, we're doing challenges, ...



*Check out our
TikTok
@antoninecourt*

I love working at Antonine, it's a great place to work at.

I always strive to create a connection with service users and provide fun activities.

Have a look at our TikTok @antoninecourt or online at [tiktok.com/@antoninecourt](https://www.tiktok.com/@antoninecourt) to get an insight in how much fun we have here.

MEET THE TEAM

SUPPORT WORKER

ACTIVITIES

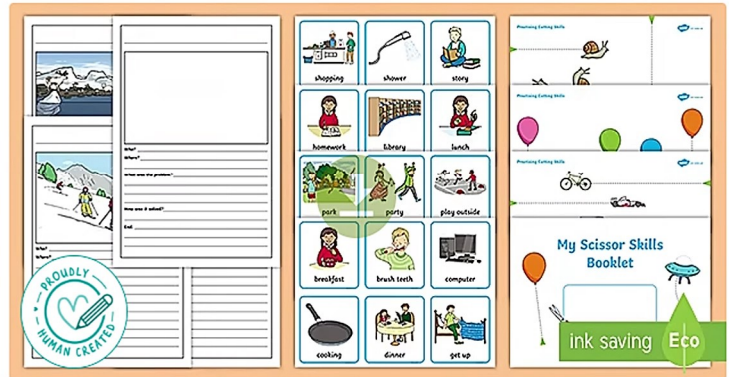
SEND HOME LEARNING RESOURCE PACK

This resource pack from SEND has been specially designed for children with a range of Special Educational Needs. No teaching expertise or subject knowledge required, just simple help from an adult.

find it at:

<https://www.twinkl.co.uk/resource/send-school-closure-home-learning-resource-pack-t-s-2548769>

SEND Home Learning Resource Pack



Unlimited
Downloads

Categories

Access & Travel

Disabled access info, accessible housing, holiday travel advice, insurance, holiday aids rentals... [More Categories](#)

Care & Carers

Respite, live-in care, carers support, nursing and care services for the disabled and special needs... [More Categories](#)

Children

Support, sensory play, education, charities & breaks for disabled & special needs children... [More Categories](#)

Clinics & Therapy

Rehab, physio, speech therapy, counselling, plastic surgery & mastectomy products... [More Categories](#)

Disability Aids

Disability & mobility aids from sticks to all terrain wheelchairs, riser recliner chairs, beds a... [More Categories](#)

Disability Arts

Disability and special needs arts from music therapy, dance to SEN theatre companies... [More Categories](#)

Local Groups

Disability & special needs clubs, support, activities and groups near you. Search by your county... [More Categories](#)

Disability Ireland

ROI & Southern Ireland support groups, holidays, disability aids, sport, arts & adult care s... [More Categories](#)

Disabled Holidays

Disabled accessible holidays & cottages, canal boats, charities UK & abroad. List yours here... [More Categories](#)

Disabled Education

SEN schools & colleges deaf, blind, autistic plus adventure camps, disability mentoring... [More Categories](#)

Jobs & Benefits

Benefit advice, jobs & employment training, disabled Access to Work, VAT exemption advice... [More Categories](#)

Health & Fitness

Health and disability insurance, pain relief, pressure care, exercise, fitness, health, therapy... [More Categories](#)

Products/Services

Disability products & services from legal services, riser chairs, hoists & adjustable beds... [More Categories](#)

Disability Sports

Sports for all disabilities and special needs, rambling, tennis, fishing, archery and much more... [More Categories](#)

Support Groups

Local and national support groups for all disabilities and special needs from ADHD to wheelchair use... [More Categories](#)

www.ableize.com

DISABLED ACCESSIBLE HOLIDAYS

Looking to book some holiday and worried about suitable accommodation?

Why not check ABLEize, a directory for accessible holiday catering for wheelchair users, the blind and those with mobility problems?

Not only, plenty of other resources available.

<https://www.ableize.com/holiday-accommodation/>

RESOURCES

SUMMER SIZZLER

*Looking forward to
our summer sizzler
on the 2nd of August!*



EVENTS

UPCOMING

Antonine Court

CAR BOOT SALE!



Saturday September 7th, 9 - 12 PM

Book a table!

Stalls for £10

Also refreshment stall

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PHONE

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**Antonine
Court Ltd**
Promoting dignity, opportunity & inclusion

30 Dunkenny Road, Drumchapel, G15 8LH

EVENTS

UPCOMING

FACELIFT



CHECK OUT THE
NEW LOOK OF
OUR BUSES!

OTHER NEWS

Baking, hair braiding, colouring...



ACTIVITIES

ANTONINE ALL STARS

Your feedback

If you would like to tell us about your experience of our service, you can do this by:

- Completing this leaflet and sending it to us
- Telephoning on 01419446393
- Email your feedback to us at admin@antonine.org

Please tick the relevant boxes

☐ Compliment ☐ Comment ☐ Concern ☐ Complaint

Have we received feedback about this before? ☐ Yes ☐ No

Would you like us to respond to you about your feedback? ☐ Yes ☐ No

What would you like to say about the service received?

Date _____

HELP US IMPROVE

Codes of Practice

Get to know the Codes

Our new 'Get to know the Codes' posters for employers and workers are now available to download from our website. Use the buttons below to download your copy today.

The SSSC Codes are available to read on our website in a mobile friendly view and there are also downloadable versions, including Adobe PDF, eReader, printer friendly and large print.

Why not bookmark the [Codes web page](#) or add a shortcut to your phone home screen so they are always handy?

Get to know the Codes poster
- Employers

Get to know the Codes poster
- Workers

The Codes of Practice in different languages

We now have the Codes of Practice translated into eight different languages.

They are available in:

- French
- Gaelic
- Polish
- Spanish
- Traditional Chinese
- Ukrainian
- Urdu
- Vietnamese.

<https://www.sssc.uk.com/the-scottish-social-services-council/sssc-codes-of-practice/#formats>

SHARING INFORMATION

Help us grow

There are many ways you can contribute to our growth.
Any help is greatly appreciated!

FOLLOW US and engage with our posts @antoninecourt



DONATE via our website at antoninecourt.org

Do you know anyone who would benefit from our services?

SHARE THE WORD!

Are you part of an enterprise who would be interested in supporting us?

SPONSOR US Contact us to help someone in need get support



SUPPORT US