

#### NEWSLETTER

#### Welcome to the August Newsletter!

Our calendar this month has been filled with fun activities, trips, and working together to make some tasty meals. We've also got news for you regarding our centre: we're getting a makeover and improving our facilities.



### UPCOMING EVENTS Saturday 7th September CAR BOOT SALE!



#### **AUGUST'S EVENTS**

A trip to the Transport Museum

Let's get cooking!

AND MORE NEWS: A LOVELY DOG, PENNY, HAS JOINED US





**AUGUST 2024** 

AN EXTRAORDINARY MONTH

# BIRIHIDIAY



ERIN, CARLY, KEVIN AND RHONA ALL HAD THEIR BIRTHDAY THIS MONTH!



**CELEBRATIONS** 

**BORN IN AUGUST** 

# A DISNEY'S STORY



Our
Jacqueline
wrote a
Disney Story

MY DISNET STORY DT JACKIE



MICKET MOUSE AWD HAS FRIEND WINNIE THE POOH 2023

MEET LAST HALLOOEN THEW MICKET GOT IN THE FOREST AND

THE WINNIE POOH SPID TO MICKET HAE YOU LOST HE SAID

TO YOU (AN COME HND STAT AT MY HOSUE AND HELP ME

HANING UP THE HALCOEN DELASS SHEW IN MY HOUSE SAID

WINNIE THE POOH

# Hello, my name is Hugh

#### **ABOUT ME**

This month Hugh is service user of the month.

He's a very kind and welcoming gentleman, he brings happines with his outgoing and fun personality. As you can see from the pictures, he always has a smile on his face.

Hugh loves group trips on the bus, these are usually on a Friday, to some exotic locations like Gourock beach for a walk along the coast and a snack, or urban destinations like Clydebank for some shopping and lunch.

He's also quite into watching videos on the tablet. We love you Hugh!







Thumbs up for Hugh!

#### SERVICE USER OF THE MONTH

# Off the Beatson track!

Last Sunday 25th August, among the hundreds of people on the Beatson walk, were our centre manager Louise, and her son Ben.

Despite the rain, which didn't stop for the whole day, the walked the whole 10K and raised £545 between the family gofundme and in Antonine.

Well done!





**FUNDRAISING** 

### A VISIT TO THE TRANSPORT MUSEUM





















## Hello, my name is Andrea

#### **ABOUT ME**

Hey, it's Andrea, I've been part of the team at Antonine since January this year.

I love spending time with family and friends, going out for dinner or to the cinema.

I have four sons and my niece has been living with me since May. I escort some of our service users home, which gives me an opportunity to interact with families.



Andrea hair styling our Erin



I get on well with everyone here and really enjoy 1-to-1 interactions with service users.

One of my favourite activities is hair styling and hair braiding, with our Erin usually being my model for it.

I have recently organised a social night with Kat and Colette, to raise money for the centre. The theme was Willy Wonka, we made some great arts and crafts projects for it. I also go on trips out, which I love. Our friday Karaoke is the perfect ending to a fun and stimulating week, the singing and dancing makes me go home happy!



#### SHARING MEALS







#### **OTHER NEWS**

# Let's cook together with Tyler

Support workers took turns to cook tasty meals this month.

Tyler proposed the options of Spaghetti Meatballs or a rich soup with sandwiches.

Our service users put their love into the preparation, and it was a success!

The rest of the month was from Brian, Caroline, Natasha,...













ON CHEF'S DUTY

**SHARING FOOD** 

#### CENTRE MAKEOVER

Welcome all, here at Antonine Court where we take pride in providing top-notch care and support services to individuals in Drumchapel, Glasgow, and the surrounding areas. We're all about quality care, transparency, and making sure our service users and their families are actively engaged in everything we do.

We've got some exciting news to share with you! We'll be temporarily moving from our current location in Drumchapel to Garscadden House, also in Drumchapel. Why? Well, we're giving our beloved Antonine Court a little makeover with necessary renovations and upgrades to enhance our environment and facilities. Don't worry, though – we're making sure your services continue smoothly during this time.

Our temporary stay at Garscadden House will last about 18 to 24 months. But fear not! We're working hard to maintain our usual high service levels, ensuring minimal disruptions for you, your families, and our dedicated staff members. We will pay special attention to the routine of certain service users for whom this move will be more challenging, don't worry, we will have individual plans in place!

Garscadden House isn't just any place – it's chosen for its convenience, accessibility features, and ability to support our operations effectively. We're sprucing up the place with new kitchen facilities, improved toilets, and a fantastic outdoor area to make it feel like home.

Communication is key, and we're committed to keeping you in the loop every step of the way. Expect open discussions, regular updates, and opportunities for you to share your thoughts and concerns. Your feedback matters to us, and we want to ensure a smooth transition for everyone involved.

COMING SOON

#### CENTRE MAKEOVER

#### Our priority during this transition?

Maintaining the best care and support for you. Our staff members are gearing up with training and preparations to ensure your routines are familiar and your needs are met seamlessly.

We're not just moving – we're evaluating, learning, and improving. Robust monitoring and evaluation processes will help us understand how this temporary move impacts our services, your satisfaction, and our overall efficiency. Your insights will guide our future decisions and enhancements.

Rest assured, our commitment to quality care, regulatory standards, and creating a warm, supportive environment remains unwavering. We're excited about this journey and can't wait to make our temporary stay at Garscadden House a positive experience for everyone involved.

Thank you for being part of the Antonine Court family – together, we'll navigate this transition with care and positivity!

Now I know all of you are extremely busy folks, so we want to make sure that we get your points of view.

So, first stage, is letting you all know that this is the proposed plan to get us the state of the Art 21st Century Centre we so badly need.

Next the manager will have some drop-in sessions where you can pop in, see the plans, and ask some questions.

Bear in mind we won't have all the answers just yet but can take a note and when we get to that point, be in touch.

#### **ACTIVITIES**

Sports have such great benefits for everyone, both for the mind and the body. Did you know that Disability Sport Glasgow runs sporting activites for disabled people?

#### **CLUBS & ACTIVITIES**

https://disabilitysportglasgow.org/



**SWIMMING** 

BASKETBALL



ATHLETICS

**LEARN MORE** 

**LEARN MORE** 





**BOCCIA** 



TENNIS



**GOAL BALL** 

#### **RESOURCES**

#### **ACTIVITIES**

#### **Arts and Crafts**







#### **PET THERAPY**

The centre has welcomed Penny, a lovely dog from the local area. She was introduced to us by a member of the community who put a post on social media to ask for doggy day for some to look after her during the day. She has a great nature. She's settling in well and all our service users love her!

# Antonine Court CAR BOOT SALE!



Saturday September 7th, 9 - 12 PM

Book a table!

Stalls for £10

Also refreshment stall

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#### Your feedback

If you would like to tell us about your experience of our service, you can do this in your preferred way:

- Completing this leaflet and sending it to us
- Use the feedback form on our website at https://antonine.org/your-feedback/
   Use your phone camera app to scan this QR code and be taken to our website
- Email your feedback to us at admin@antonine.org
- Phone us on 0141 944 6393
   Please call management to discuss any concern, do not speak to the driver/escort



D SCAN ME

Please tick the rele	evant boxes			
Compliment	Comment	Concern	Complaint	
Have we received feedback about this before?			Yes	No
Would you like us to respond to you about your feedback?			Yes	No
If Yes, ple	ease provide contact	details		
What would you like	e to say about the se	rvice received?		
Date	Name			

#### **HELP US IMPROVE**

#### Help us grow

There are many ways you can contribute to our growth. Any help is greatly appreciated!

FOLLOW US and engage with our posts @antoninecourt









**DONATE** via our website at antonine.org

Do you know anyone who would benefit from our services?

SHARE THE WORD!

VOLUNTEER email admin@antonine.org or call 0141 944 6393

Are you part of an enterprise who would be interested in supporting us?

SPONSOR US Contact us to help someone in need get support



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